SoK: Security and Privacy in Implantable Medical Devices and Body Area Networks

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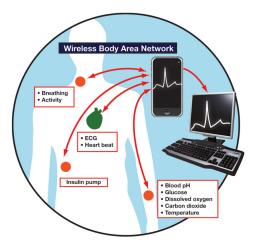
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Implantable medical devices (IMDs)



Body area networks



Wireless network of heterogeneous devices that are wearable/implantable

- comprised of sensors, actuators and a sync
- low power/size nodes
- transmission limitations
- stricter reliability requirements

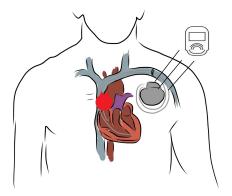
Security and privacy design objectives



Privacy goals:

- Device existence privacy (Device type privacy)
- Device ID privacy
- Measurement and log privacy
- Bearer privacy
- No tracking

Threats - Sensors



Signal interference

- intentional/accidental
- signal injection
- could alter therapy

Signal containment

- physiological signals may not stay within body
- private data leakage

Cardiac Implantable Electrical Devices - Signal Injection¹

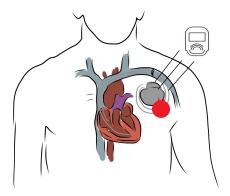
By adding intentional interference to a CIED to mimic particular cardiac waveforms, it was shown that is it possible to alter the therapy delivered by the device (causing pacing inhibitions and defibrillation).

| Device | Open air | Open air (defibrillation) | Saline bath | Saline (lead tips only) | SynDaver |
|--------------------------------|----------|---------------------------|---------------|-------------------------|----------|
| Medtronic Adapta | 1.40 m | Not applicable | No inhibition | 0.03 m | Untested |
| Medtronic InSync Sentry | 1.57 m | 1.67 m | No inhibition | 0.05 m | 0.08 m |
| Boston Scientific Cognis 100-D | 1.34 m | No defibrillation | No inhibition | Untested | Untested |
| St. Jude Promote | 0.68 m | No defibrillation | No inhibition | Untested | Untested |

Figure: The median maximum distance at which a pacing inhibition or defibrillation was observed for 4 studied devices in various mediums.

¹Ghost Talk: Mitigating EMI Signal Injection Attacks against Analog Sensors

Threats - Software



Software bugs have resulted in over 500 FDA recalls between 2009 and 2011

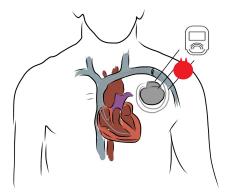
2006-2011 software recalls by severity:

- 33% of class I (chance of harm)
- 66% of class II (temporary effects)
- 77% of class II (non-complaint)

Challenges in software testing

- Failure to apply known engineering techniques / closed design
- Difficulty in modeling human body
 - Recent efforts in building models of human hearts
 - Databases of cardiac data (e.g. MIT PhysioNet portal)
 - Where should data be obtained from?
 - How much data is enough for testing?

Threats - Telemetry



Some existing devices lack authentication

- replay
- eavesdropping
- injection
- DOS

Traditional crytpo often not applicable

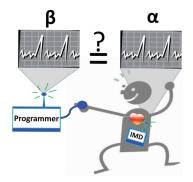
- limited power/processing
- emergency access
- device identification

Securing device telemetry: biometric authentication

Key idea: Use physiological values as a source of randomness for key establishment protocols

Physiological values

- Electrocardiograms
- heart rate
- blood glucose
- blood pressure



Heart-to-Heart protocol

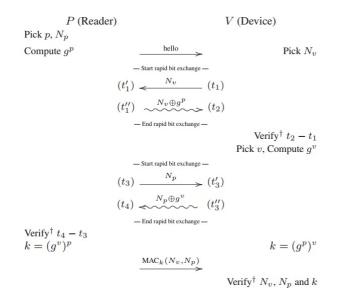
Challenges in biometric authentication

- Need more rigorous analysis of entropy sources and protocols
 - Flaws found in biometric protocols (OPFKA, IMDGuard) allow key space reduction attacks
- Do these protocols handle real world noise?
- Is the randomness property extracted from physiological entropy sources?

Securing device telemetry: distance-bounding protocols

Key idea: measure delays between transmissions between devices to establish proximity. Distance bounds can be computed over various signals such as RF or ultrasonic sound (> 20 kHz)

Distance-bounding protocol²



²Proximity-based Access Control for Implantable Medical Devices

Securing device telemetry: out of band authentication

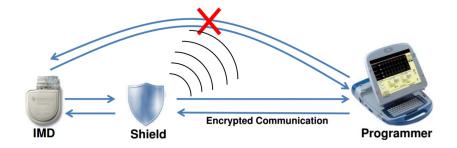
Key idea: use audio and visual channels to exchange authentication (key information)

Examples:

- low frequency audio channel to transmit a random key
- ultra-violet or visible tattoos to record permanent key information

Securing device telemetry: external wearable devices

Key idea: IMD to programmer communicated is mediated through a wearable device.



Challenges in designing external wearable devices

- Need to fail open.
- What communication protocols between IMD and the mediator should be used?
- Can jamming or the proxy be circumvented?

Securing device telemetry: anomaly detection

Key idea: Observe and characterize patterns in device communications to detect unwanted behavior.

Use cases:

- Preventing denial of service attacks
- Identify abnormal IMD communication by signal characteristics (strength, time, angle, etc..)

Challenges in anomaly detection

- Emergency scenarios
- Where is all of the computational overhead of anomaly detecting going to be offloaded to?
- What to do in the case of an anomaly?
 - Alerting the patient
 - Blocking transmissions to the IMD

Discussion

- What is the likelihood of targeted attacks on IMD's? How does this affect security design decisions?
- What do you think is the best approach to securing the telemetry interface?
- What are the right assumptions about attacker capabilities in the various contexts we have discussed? Do we need more data to answer this question?